

Tests and Measures in the Social Sciences **TMSS** Tests Available in Compilation Volumes
Full Instruments Available in: Thompson, Heinberg, Altabe, & Tanleff Dunn, 1999. 1

Thompson, J. K.; Heinberg, L. J.; Altabe, M.; Tanleff Dunn, S. (1999).
Exacting Beauty: Theory, Assessment, and Treatment of Body Image Disturbance.
Washington, DC: American Psychological Association. [36 full text instruments]
Body image disturbance, Body Image, Feeding and Eating Disorders.
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Contour drawing rating scale (1995)

Thompson MA; Gray JJ
IN Thompson, J. K.; Heinberg, L. J.; Altabe, M.; Tanleff Dunn, S. (1999). Exacting Beauty:
Theory, Assessment, and Treatment of Body Image Disturbance. Washington, DC: American
Psychological Association.
Page(s) 76, 53

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Breast/chest rating scale (1992)

Thompson JK; Tantleff ST
IN Thompson, J. K.; Heinberg, L. J.; Altabe, M.; Tanleff Dunn, S. (1999). Exacting Beauty:
Theory, Assessment, and Treatment of Body Image Disturbance. Washington, DC: American
Psychological Association.
Page(s) 77, 53

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Muscularity rating scale (1994)

Furnham A; Titman P; Sleeman E
IN Thompson, J. K.; Heinberg, L. J.; Altabe, M.; Tanleff Dunn, S. (1999). Exacting Beauty:
Theory, Assessment, and Treatment of Body Image Disturbance. Washington, DC: American
Psychological Association.
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Body-self relations questionnaire: Appearance evaluation subscale (1997)

Cash TF
IN Thompson, J. K.; Heinberg, L. J.; Altabe, M.; Tanleff Dunn, S. (1999). Exacting Beauty:
Theory, Assessment, and Treatment of Body Image Disturbance. Washington, DC: American
Psychological Association.
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Body-esteem scale for adolescents and adults (1998)

Mendelson BK

IN Thompson, J. K.; Heinberg, L. J.; Altabe, M.; Tanleff Dunn, S. (1999). *Exacting Beauty: Theory, Assessment, and Treatment of Body Image Disturbance*. Washington, DC: American Psychological Association.

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Physical appearance state and trait anxiety scale: Trait (1996)

Thompson JK

IN Thompson, J. K.; Heinberg, L. J.; Altabe, M.; Tanleff Dunn, S. (1999). *Exacting Beauty: Theory, Assessment, and Treatment of Body Image Disturbance*. Washington, DC: American Psychological Association.

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Items on the body dysmorphic disorder examination [BDDE] (1996)

Rosen JC; Reiter J

IN Thompson, J. K.; Heinberg, L. J.; Altabe, M.; Tanleff Dunn, S. (1999). *Exacting Beauty: Theory, Assessment, and Treatment of Body Image Disturbance*. Washington, DC: American Psychological Association.

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Sociocultural attitudes towards appearance questionnaire revised: Female version (1997)

Cusumano DL; Thompson JK

IN Thompson, J. K.; Heinberg, L. J.; Altabe, M.; Tanleff Dunn, S. (1999). *Exacting Beauty: Theory, Assessment, and Treatment of Body Image Disturbance*. Washington, DC: American Psychological Association.

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Ideal body internalization scale revised

Stice E

IN Thompson, J. K.; Heinberg, L. J.; Altabe, M.; Tanleff Dunn, S. (1999). *Exacting Beauty: Theory, Assessment, and Treatment of Body Image Disturbance*. Washington, DC: American Psychological Association.

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Sociocultural attitudes towards appearance questionnaire revised: Male version (1997)

Cusumano DL; Thompson JK

IN Thompson, J. K.; Heinberg, L. J.; Altabe, M.; Tanleff Dunn, S. (1999). *Exacting Beauty: Theory, Assessment, and Treatment of Body Image Disturbance*. Washington, DC: American Psychological Association.

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Perceived sociocultural pressure scale

Stice E

IN Thompson, J. K.; Heinberg, L. J.; Altabe, M.; Tanleff Dunn, S. (1999). *Exacting Beauty: Theory, Assessment, and Treatment of Body Image Disturbance*. Washington, DC: American Psychological Association.

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Physical appearance comparison scale (1991)

Thompson JK; Heinberg LJ; Tantleff S

IN Thompson, J. K.; Heinberg, L. J.; Altabe, M.; Tanleff Dunn, S. (1999). *Exacting Beauty: Theory, Assessment, and Treatment of Body Image Disturbance*. Washington, DC: American Psychological Association.

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Body comparison scale (physical appearance)

Faith MS; Allison DB; Fisher E; Thompson JK

IN Thompson, J. K.; Heinberg, L. J.; Altabe, M.; Tanleff Dunn, S. (1999). *Exacting Beauty: Theory, Assessment, and Treatment of Body Image Disturbance*. Washington, DC: American Psychological Association.

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Comparison to models survey (1996)

Strowman SR

IN Thompson, J. K.; Heinberg, L. J.; Altabe, M.; Tanleff Dunn, S. (1999). *Exacting Beauty: Theory, Assessment, and Treatment of Body Image Disturbance*. Washington, DC: American Psychological Association.

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Body image ideals questionnaire expanded

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IN Thompson, J. K.; Heinberg, L. J.; Altabe, M.; Tanleff Dunn, S. (1999). *Exacting Beauty: Theory, Assessment, and Treatment of Body Image Disturbance*. Washington, DC: American Psychological Association.

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Perception of teasing scale [POTS] (1995)

Thompson JK; Cattarin J; Fowler B; Fisher E

IN Thompson, J. K.; Heinberg, L. J.; Altabe, M.; Tanleff Dunn, S. (1999). *Exacting Beauty: Theory, Assessment, and Treatment of Body Image Disturbance*. Washington, DC: American Psychological Association.

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Feedback on physical appearance scale [FOPAS] (1995)

Tantleff-Dunn S; Thompson JK; Dunn M

IN Thompson, J. K.; Heinberg, L. J.; Altabe, M.; Tanleff Dunn, S. (1999). *Exacting Beauty: Theory, Assessment, and Treatment of Body Image Disturbance*. Washington, DC: American Psychological Association.

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Fear of negative appearance evaluation scale 1998)

Thomas CM; Thompson JK

IN Thompson, J. K.; Heinberg, L. J.; Altabe, M.; Tanleff Dunn, S. (1999). *Exacting Beauty: Theory, Assessment, and Treatment of Body Image Disturbance*. Washington, DC: American Psychological Association.

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Parent involvement scale (1994)

Levine MP; Smolak L; Hayden H

IN Thompson, J. K.; Heinberg, L. J.; Altabe, M.; Tanleff Dunn, S. (1999). *Exacting Beauty: Theory, Assessment, and Treatment of Body Image Disturbance*. Washington, DC: American Psychological Association.

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Mother influence scale (1994)

Levine MP; Smolak L; Hayden H

IN Thompson, J. K.; Heinberg, L. J.; Altabe, M.; Tanleff Dunn, S. (1999). *Exacting Beauty: Theory, Assessment, and Treatment of Body Image Disturbance*. Washington, DC: American Psychological Association.

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Peer dieting scale (1994)

Levine MP; Smolak L; Hayden H

IN Thompson, J. K.; Heinberg, L. J.; Altabe, M.; Tanleff Dunn, S. (1999). *Exacting Beauty: Theory, Assessment, and Treatment of Body Image Disturbance*. Washington, DC: American Psychological Association.

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Sibling appearance questionnaire (1996)

Rieves L; Cash TF

IN Thompson, J. K.; Heinberg, L. J.; Altabe, M.; Tanleff Dunn, S. (1999). *Exacting Beauty: Theory, Assessment, and Treatment of Body Image Disturbance*. Washington, DC: American Psychological Association.

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Body exposureIN sexual activities questionnaire

Hangen JD; Cash TF

IN Thompson, J. K.; Heinberg, L. J.; Altabe, M.; Tanleff Dunn, S. (1999). *Exacting Beauty: Theory, Assessment, and Treatment of Body Image Disturbance*. Washington, DC: American Psychological Association.

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Objectified body consciousness scale (1995)

McKinley NM

IN Thompson, J. K.; Heinberg, L. J.; Altabe, M.; Tanleff Dunn, S. (1999). *Exacting Beauty: Theory, Assessment, and Treatment of Body Image Disturbance*. Washington, DC: American Psychological Association.

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Interview questions for the client who discloses sexual abuse (1997)

Fallon P; Wonderlich SA; Garner DM; Garfinkel PE

IN Thompson, J. K.; Heinberg, L. J.; Altabe, M.; Tanleff Dunn, S. (1999). *Exacting Beauty: Theory, Assessment, and Treatment of Body Image Disturbance*. Washington, DC: American Psychological Association.

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Covert and overt sexual abuse questionnaire 1997)

Weiner KE; Thompson JK

IN Thompson, J. K.; Heinberg, L. J.; Altabe, M.; Tanleff Dunn, S. (1999). *Exacting Beauty: Theory, Assessment, and Treatment of Body Image Disturbance*. Washington, DC: American Psychological Association.

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Steps of the mirror exposure method (1997)

Cash TF

IN Thompson, J. K.; Heinberg, L. J.; Altabe, M.; Tanleff Dunn, S. (1999). *Exacting Beauty: Theory, Assessment, and Treatment of Body Image Disturbance*. Washington, DC: American Psychological Association.

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Body image diary: A B C sequence of body image experiences (1995)

Rosen JC; Cash TF

IN Thompson, J. K.; Heinberg, L. J.; Altabe, M.; Tanleff Dunn, S. (1999). *Exacting Beauty: Theory, Assessment, and Treatment of Body Image Disturbance*. Washington, DC: American Psychological Association.

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Physical appearance state and trait anxiety scale: State (1996)

Thompson JK

IN Thompson, J. K.; Heinberg, L. J.; Altabe, M.; Tanleff Dunn, S. (1999). *Exacting Beauty: Theory, Assessment, and Treatment of Body Image Disturbance*. Washington, DC: American Psychological Association.

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Situational inventory of body image dysphoria (1994)

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IN Thompson, J. K.; Heinberg, L. J.; Altabe, M.; Tanleff Dunn, S. (1999). *Exacting Beauty: Theory, Assessment, and Treatment of Body Image Disturbance*. Washington, DC: American Psychological Association.

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Visual analogue scale (1996)

Thompson JK

IN Thompson, J. K.; Heinberg, L. J.; Altabe, M.; Tanleff Dunn, S. (1999). *Exacting Beauty: Theory, Assessment, and Treatment of Body Image Disturbance*. Washington, DC: American Psychological Association.

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Body image avoidance questionnaire (1991)

Rosen JC; Srebnik D; Saltzberg E; Wendt S

IN Thompson, J. K.; Heinberg, L. J.; Altabe, M.; Tanleff Dunn, S. (1999). *Exacting Beauty: Theory, Assessment, and Treatment of Body Image Disturbance*. Washington, DC: American Psychological Association.

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Commentary interpretation scale (1998)

Wood KC; Altabe MN; Thompson JK

IN Thompson, J. K.; Heinberg, L. J.; Altabe, M.; Tanleff Dunn, S. (1999). *Exacting Beauty: Theory, Assessment, and Treatment of Body Image Disturbance*. Washington, DC: American Psychological Association.

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Assessment of personal construct system questionnaire: Self and others (1993)

Butow P

IN Thompson, J. K.; Heinberg, L. J.; Altabe, M.; Tanleff Dunn, S. (1999). *Exacting Beauty: Theory, Assessment, and Treatment of Body Image Disturbance*. Washington, DC: American Psychological Association.

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Physical appearance discrepancy questionnaire: Format scoring rules and a case example (1995)

Altabe MN; Thompson JK

IN Thompson, J. K.; Heinberg, L. J.; Altabe, M.; Tanleff Dunn, S. (1999). *Exacting Beauty: Theory, Assessment, and Treatment of Body Image Disturbance*. Washington, DC: American Psychological Association.

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McKnight risk factor survey (1999)

Shisslak CM; Renger R; Sharpe T; Crago M; McKnight KM; Gray N; Bryson S; Estes LS; Parnby OG; Killen J; Taylor CB

IN Thompson, J. K.; Heinberg, L. J.; Altabe, M.; Tanleff Dunn, S. (1999). *Exacting Beauty: Theory, Assessment, and Treatment of Body Image Disturbance*. Washington, DC: American Psychological Association.

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